

26TH ANNUAL CONFERENCE
APRIL 21 - 24, 2016

HILTON MINNEAPOLIS
MINNEAPOLIS, MN
44.9778° N, 93.2650° W

The True North for
Pediatric Nurses

SPN

PRELIMINARY PROGRAM



Join us in Minneapolis

Annual Conference Highlights

- Four days of opportunities for continuing nursing education that feature hot topics in pediatric nursing.*
- Special events and networking opportunities, including a welcome reception on the first night.
- Access to exhibitors, featuring the newest technologies, resources, books and more.
- Chance to connect with over 450 fellow pediatric nurses to discover innovative solutions to current challenges.

*This year's conference will be submitted for continuing nursing education (CNE). The most up-to-date CNE information can be found online at www.pedsnurses.org/2016conference.

Conference Objectives

- Advance the pediatric nursing specialty through networking and sharing of best practices.
- Promote research and evidence-based pediatric nursing practice.
- Foster the development of pediatric nurses through education to promote quality care in a complex healthcare environment.

Must-attend Activities & Special Events

Welcome Reception

Thursday, April 21

6:30 p.m. – 8:00 p.m.

Join your colleagues and SPN to kickoff this year's Annual Conference! Make new connections and greet your peers as you visit the vendors and their services in the Exhibit Hall.

Pediatric Nursing Certification Board Awards Luncheon



PEDIATRIC NURSING CERTIFICATION BOARD

Saturday, April 23

11:45 a.m. – 1:15 p.m.

Join us for an Awards Luncheon, sponsored by the Pediatric Nursing Certification Board, to acknowledge the exemplary contributions of the 2016 SPN awardees and SPN leaders. This session includes a plated meal. *Pre-registration is required.*

2016 Service Project: Ronald McDonald House Charities – Upper Midwest



This year SPN is supporting Ronald McDonald House Charities – Upper Midwest (RMCH-UM). SPN encourages attendees to collect pop can tabs to bring to the conference. Please visit the [2016 Annual Conference website](#) for more information about the Twin Cities RMHC, home of the first pop can tabs collection, and to learn ways you can prepare for this year's conference service project.

Hospital Tours

Join SPN on a tour of the University of Minnesota Masonic hospital and the Children's Hospitals and Clinics of Minnesota. These tours provide the opportunity to observe how area children's hospitals operate, learn how they manage day-to-day challenges and gain insights to take back to your workplace. *Pre-registration is required.*

Friday, April 22

6:45 p.m. – 9:00 p.m.



Recognized as the highest ranked children's hospital in the Twin Cities by *U.S. News and World Report*,

University of Minnesota Masonic Children's hospital is home to Minnesota's only children's behavioral inpatient unit and programming exclusively devoted to children ages 12 and younger. University of Minnesota Masonic Children's Hospital features one of the three largest kidney transplant programs in the world specializing in infants and small children.

Saturday, April 23

6:45 p.m. – 9:00 p.m.



Children's Hospitals and Clinics of Minnesota is one of the largest pediatric health systems in the United States and the only health system in Minnesota to provide care exclusively to children, from before birth through young adulthood. An independent and not-for-profit system since 1924, Children's serves kids throughout the Upper Midwest at two free-standing hospitals, 12 primary and specialty-care clinics and six rehabilitation sites.

Certification Preparation Review Course

Wednesday, April 20 & Thursday, April 21

8:00 a.m. – 4:00 p.m.

Louise Jakubik, PhD, RN-BC, CSP

Becoming a Certified Pediatric Nurse (CPN®) is a mark of professional accomplishment. Whether your intent is to enhance your career mobility, obtain financial compensation, or attain a sense of professional achievement, this course helps prepare you for the CPN® exam. Learn more about this course online at www.pedsnurses.org/2016conference. *Pre-registration is required.*

Education Highlights

Pre-conference Workshops

Writing for Publication

Thursday, April 21 | 8:00 a.m. – 12:00 p.m.

Cecily Betz, PhD, RN, FAAN
Myra M. Huth, PhD, RN, FAAN

Have you thought about writing a manuscript for publication but don't know where to start? Have you completed a great evidence-based project or quality improvement initiative that you want to share? While sharing our success stories is of vital importance to our profession, writing for publication often seems overwhelming! This workshop is designed to teach you the process of writing for publication from abstract to summary. To get the most out of this workshop, bring a draft of a manuscript and get feedback from others. *Pre-registration is required.*

Evidence-Based Practice: The True North for Guiding Nurses towards Optimal Nursing Care

Thursday, April 21 | 12:30 p.m. – 4:30 p.m.

Angela Kinstler, MSN, RN, CNL
Ann Bowling, PhD, RN, CPNP-PC, CNE

The purpose of this workshop is to prepare nurses to initiate evidence-based practice in the patient care setting. It is designed for clinical nurses at the point of care, nurse leaders, nursing educators and nursing students. The workshop provides an overview of evidence-based practice in nursing, including how to investigate clinical inquiries, using appraisal tools to review literature, and implementation and evaluation strategies. Examples of evidence-based practice projects from the clinical and academic environments are presented. Participants are encouraged to bring EBP questions and published journal articles to critically appraise. *Pre-registration is required.*

Thursday Opening Session

Leadership Consciousness

Thursday, April 21 | 5:00 p.m. – 6:30 p.m.



Daniel J. Pesut, PhD, RN,
PMHCNS-BC, FAAN

Leadership consciousness is a special state of awareness and action that helps individuals focus on the results they want to achieve while taking into consideration different levels of perspective and competing values. Leadership is a process of influencing goals, behavior and circumstances. Leadership supports the alignment of vision, outcomes, action, ethics, resources and energy in a network of relationships. In this presentation, participants are invited to explore and reflect on the dimensions of leadership consciousness and create a personal leadership development plan that builds on professional strengths and aspirations.

Friday Keynote

Fire Up Your Life! A Journey to Transformation

Friday, April 22 | 8:00 a.m. – 9:30 a.m.



Donna Hartley

Donna Hartley has an amazing story. She is proof that one woman can walk through fire and deliver a message powerful enough to impact millions of lives. Drawing on three life-threatening events (which all occurred on March 1), she ignites you with firepower for transformation in your life.

Friday Plenary Session

Symphony of Life: Possibilities in Pediatric Medical Music Therapy

Friday, April 22 | 1:45 p.m. – 2:45 p.m.



Brian Schreck, MA, MT-BC

Current evidence indicates that creative arts therapy in pediatrics has a unique impact on defining meaning, relieving distress, making memories and bereavement. Hear real-live case studies complete with sounds of life music therapy interventions (stethoscope microphones) used to create innovative therapeutic materials and ongoing support for pediatric patients and their families.

Saturday Plenary Session

What Keeps Pediatric Nurses Up at Night? Report of a National Survey

Saturday, April 23 | 8:00 a.m. – 9:15 a.m.



Peg Harrison, MS, RN,
CPNP-PC, CAE
Sarah Gutknecht, DNP,
APRN, CPNP-AC/PC

Discover work-related concerns of pediatric nurses nationwide, while gaining insight into the current status of the pediatric nursing workforce. Discussion centers on the 2014 "Future of Pediatric Nursing" survey conducted by the Institute of Pediatric Nursing and completed by over 3,000 certified nurses. Implications from the findings are identified, along with a multifaceted plan to advocate for our profession and meet the growing healthcare needs of children.

Sunday Closing Session

The Other End of the Stethoscope

Sunday, April 24 | 10:45 a.m. – 12:00 p.m.



Marcus Engel, MS

This remarkable story illustrates how healthcare providers sustained body and mind in the face of incredible trauma. Marcus' touching tale of trauma, hospitalization and healing provides insight from 'the other end of the stethoscope.' The value of excellent skills and the remarkable impact of healthcare professionals is honored and recognized. Heartwarming and hilarious, this program reminds health care professionals why they do what they do and inspires dedication to excellence in patient care.

Schedule at a Glance

KEY Clinical Practice Education Research EBP

Wednesday, April 20					
8:00 a.m. - 4:00 p.m.	CNE Certification Preparation Review Course Day 1 (Pre-registration Required)				
4:00 p.m. - 6:00 p.m.	Registration Open				
Thursday, April 21					
8:00 a.m. - 4:00 p.m.	CNE Certification Preparation Review Course Day 2 (Pre-registration Required)				
7:00 a.m. - 7:00 p.m.	Registration Open				
8:00 a.m. - 12:00 p.m.	CNE Workshop 1 - Writing for Publications				
12:30 p.m. - 4:30 p.m.	CNE Workshop 2 - Evidence-based Practice: The True North for Guiding Nurses Towards Optimal Nursing Care				
5:00 p.m. - 6:30 p.m.	CNE Opening Session: Leadership Consciousness				
6:30 p.m. - 8:00 p.m.	Welcome Reception				
Friday, April 22					
6:30 a.m. - 5:00 p.m.	Registration Open				
7:00 a.m. - 8:00 a.m.	Continental Breakfast				
7:00 a.m. - 8:00 a.m.	Exhibit Hall Open				
8:00 a.m. - 9:30 a.m.	CNE Friday Keynote: Fire Up Your Life! A Journey to Transformation				
9:45 a.m. - 10:45 a.m.	CNE Concurrent Sessions				
	101: Hope and Palliative Care: Do They Really Go Together?	102: As Long as It's Not Research! Creative Strategies to Educate and Empower Frontline Pediatric Nurses to Embrace Research Participation	103a: Development and Implementation of the Complexity Assessment and Monitoring to Ensure Optimal Outcomes (CAMEO) Acuity Tool in the Inpatient Setting 103b: Using the CAMEO Complexity Tool to Quantify Nursing Care for a Population of Pediatric Complex Care Patients	104: When Evidence Is Sparse: What We Learned in Preparing for Pediatric Patients with Ebola	105a: Take Extra Action to Ease Anxiety (TEA): Adaptive Strategies for Children with Autism Spectrum Disorders and Healthcare-related Anxiety 105b: Delirium Happens to Children Too: Implementation of a Pediatric Delirium Scoring Tool in the Pediatric Intensive Care Unit
7:00 a.m. - 2:00 p.m.	Poster Viewing				
10:45 a.m. - 1:45 p.m.	Exhibit Hall Open				
11:00 a.m. - 12:00 p.m.	CNE Poster Session with Authors: Even Numbered Posters				
12:00 p.m. - 1:45 p.m.	Lunch with Exhibitors				
1:45 p.m. - 2:45 p.m.	CNE Friday Plenary Session: Symphony of Life: Possibilities in Pediatric Medical Music Therapy				
3:00 p.m. - 4:00 p.m.	CNE Concurrent Sessions				
	201: Implementing an Immunization Associated Pain Prevention Program	202: Fire Up Your Speaking!	203: The Mentoring Difference: How to Integrate Mentoring Practices in Nursing Through a Mentoring Champion Dyad Model	204a: Evidence to Support Application of a Usability Assessment Tool for Nursing Documentation 204b: It Takes a Village! An Interprofessional Approach to Preventing Hospital-acquired Pressure Ulcers Related to Non-invasive Ventilation	205a: A Best Practice in Pediatric Fall Prevention Leads to Positive Unintended Consequences 205b: Implementing Change-of-shift Bedside Report (BSR) to Enhance Patient Safety: Nurses' Perspectives

Schedule at a Glance (Cont.)

KEY Clinical Practice Education Research EBP

4:15 p.m. - 5:15 p.m.	CNE Concurrent Sessions				
	301: Hot Topics in Pediatric Nursing: Networking and Sharing	302a: Using High-fidelity Simulation as an Innovative Approach to Family Education for Children Requiring Chronic Ventilation 302b: Health Literacy, Parents, and Readiness for Hospital Discharge: Are They Related?	303: Enhancing New Nurse Transition to Practice with Contextualized Learning	304: Compassion Fatigue Assessment of Nurses in a Large Academic Pediatric and Women's Health Care System	305a: After the PIVC Is Inserted: What is Next? 305b: Sacred Cow University: Revealing the Evidence about IM Injections by Pediatric Nurses in a Tertiary Care Pediatric Hospital
6:45 p.m. - 9:00 p.m.	CNE University of Minnesota Masonic Children's Hospital Tour				
Saturday, April 23					
6:30 a.m. - 5:00 p.m.	Registration Open				
7:00 a.m. - 8:00 a.m.	Continental Breakfast				
7:00 a.m. - 8:00 a.m.	Exhibit Hall Open				
7:00 a.m. - 2:00 p.m.	Poster Viewing				
8:00 a.m. - 9:15 a.m.	CNE Saturday Plenary Session: What Keeps Pediatric Nurses Up at Night? Report of a National Survey				
9:15 a.m. - 9:35 a.m.	SPN Society Updates				
9:45 a.m. - 10:45 a.m.	CNE Concurrent Sessions				
	401: Enhancing Hospital Readiness to Care for the Pediatric Patient with Obesity: A Multidisciplinary Approach	402: Cost-effective Educational Strategies to Achieve Outcomes	403a: Changing the Direction of Working with Students: Assessing Bullying in the Clinical Environment 403b: The Impact of Healthy Work Environments on Incivility in a Pediatric Emergency Department	404: Early Intervention Can Point the Compass North for ACE (Adverse Childhood Experiences) and Improve Future Outcomes	405a: Check Me Out! Peer Validating in the PICU 405b: Mapping the Journey of a Pediatric Intermediate Care Unit
10:45 a.m. - 1:45 p.m.	Exhibit Hall Open				
10:45 a.m. - 11:45 a.m.	CNE Poster Session with Authors: Odd Numbered Posters				
11:45 a.m. - 1:15 p.m.	Awards Luncheon: Sponsored by PNCB (Pre-registration Required)				
1:45 p.m. - 2:45 p.m.	CNE Concurrent Sessions				
	501: Sickle Cell for the Non-sickle Nurse	502: Genetics: What You Need to Know and Perhaps, More Than You Want to Know	503: The Teach-back Project: A Journey to Promote Best Practice	504: Fostering Transition from Pediatric Nursing Student to Practicing Pediatric Nurse	505a: Creating a Culture of Caring 505b: Student Nurses Engaging Refugee Children in Health Promotion Activities

Schedule at a Glance (Cont.)

KEY Clinical Practice Education Research EBP

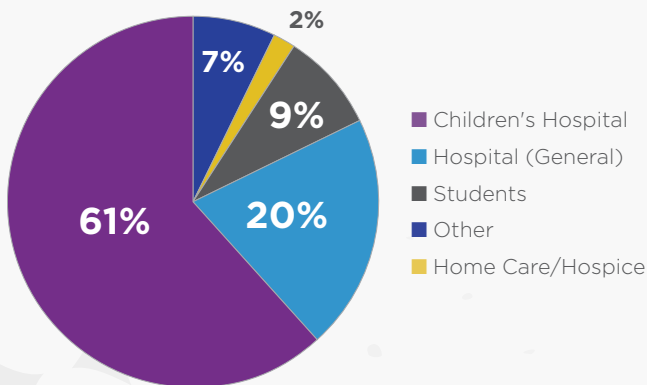
3:00 p.m. - 4:00 p.m.	CNE Concurrent Sessions				
	601a: Development of a Nurse-administered Nitrous Sedation Program	602: Nursing Theory: A Guide to True North	603: Case Study: Supporting the Child and Family Through Donation After Cardiac Death	604: Using Epidemiology to Find the True North	605a: Adolescent Perspectives Following Ostomy Surgery
	601b: Go with the Flow: Expanding Floor Nurses' Skill Set to Care for Patients on High-flow Nasal Cannula Therapy				605b: Creating a Therapeutic Environment for Adolescents with Eating Disorders in a Pediatric Hospital
4:15 p.m. - 5:15 p.m.	CNE Concurrent Sessions				
	701a: Improving Staff and Patient Satisfaction: Incorporation of RNs into the Primary Care Delivery of Care Model	702: Evidence-based Practice Academy: Scouting Out Traditional Nursing Practices Not Supported by the Evidence	703a: Working Towards "True" Noise: Decreasing Nuisance Alarms	704: ONE VOICE Makes a Difference	705a: Mobile Technology for APRN Education: Improving Transition to Practice
	701b: Knowing our True North: Real-time Data and Patient and Family Experience		703b: Quiet Room: A Study to Examine the Effect of a Minimal Stimulation Environment on the Comfort of Hospitalized Children		705b: Technology: Removing the Burden of Solid Organ Transplantation Among Children
6:45 p.m. - 9:00 p.m.	Children's Hospitals and Clinics of Minnesota Hospital Tour				
Sunday, April 24					
7:00 a.m. - 11:30 a.m.	Registration Open				
7:00 a.m. - 8:00 a.m.	Continental Breakfast				
8:00 a.m. - 9:00 a.m.	CNE Concurrent Sessions				
	801: Keeping It Simple: Best Practice Writing Tips in Educating Patients and Families with Low Health Literacy	802: Maintaining Direction In the Midst of Significant Change: Tubing Connection Standardization in the Pediatric Health Care Setting	803: Enhancing Consistent, Effective and Timely Discharge Teaching for Families Using a Dedicated Clinical Nurse Discharge Educator	804a: Transgender Adolescent: An Increase in Awareness	805a: Are We Safe From Smoke in the Operating Room?
				804b: The Collaborative Initiative to Address a Complex Pediatric Patient	805b: The Effect of a Creative Art Intervention in Reducing Anxiety for Parents and Caregivers in the Surgical Waiting Area: A Randomized Control Trial
9:00 a.m. - 9:30 a.m.	Networking Break				
9:30 a.m. - 10:30 a.m.	CNE Concurrent Sessions				
	901: Pediatric Dysmorphology Assessment: Are Those Ears Low-set?	902: Nursing Ethics Forum: A Beacon for Nursing Excellence	903: Patient and Family-centered Care: National View of Where We Are and Where We Need to Go	904a: Pediatric Nurses' Level of Preparedness in Code Blue Events	905a: Relationships Among Living Legacy Video Creation for Young Dying Parents and Entry into Hospice and Location of Dying
				904b: Lumbar Puncture Opening Pressure: Not a Reliable Measure of Intracranial Pressure in Children	905b: Nasogastric Tube (NGT) Usage and Verification in the Home: Current Practices
10:45 a.m. - 12:00 p.m.	CNE Sunday Closing Session: The Other End of the Stethoscope				

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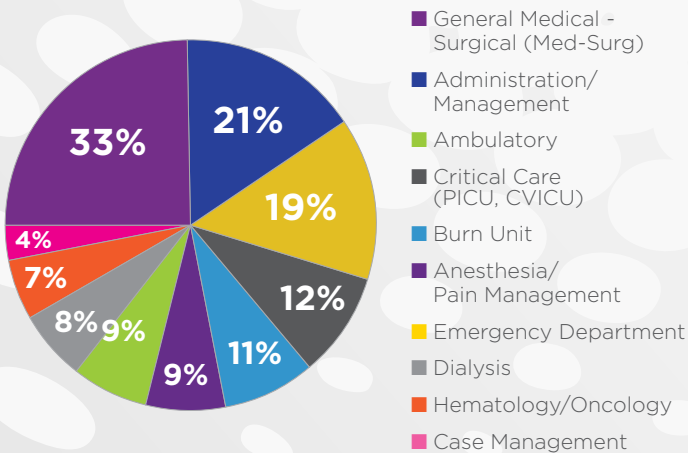
Who Will You Meet at the SPN 26th Annual Conference?

Throughout the conference, you have the opportunity to network and meet with other pediatric nurses at breakfast and lunch breaks, during poster sessions and in the Exhibit Hall. Here's an overview of our attendance and practice area representations from previous conferences. Join us at the 2016 conference to collaborate with experts in your nursing specialty!

Practice Settings



Practice Areas



Exhibitors

Our Exhibit Hall features a variety of companies and organizations eager to demonstrate the latest products and technologies, including:

- Calmoseptine, Inc
- Liberty University
- Pediatric Nursing Certification Board
- The Gideons International
- Wolters Kluwer

Visit www.pedsnurses.org/2016sponsors for a full, up-to-date listing of sponsors and exhibitors.

It's not too late to secure your spot as a sponsor or exhibitor at the 2016 Annual Conference!

For more information on sales opportunities, contact Kris King, SPN's Sales Manager, directly at (312)673-5505 or via email at kking@pedsnurses.org.

Registration & Hotel Information

Registration

Register online: www.pedsnurses.org/2016conference

Early Registration (on or before February 12)

SPN Member	\$425
Non-member	\$540
Student Member	\$280
Student Non-member	\$340

General Registration (after February 12)

SPN Member	\$525
Non-member	\$640
Student Member	\$330
Student Non-member	\$390

Single Day Registration

SPN Member	\$315
Non-member	\$420
Student Member	\$180
Student Non-member	\$240

Pre-conference Workshop Registration

SPN Member	\$150
Non-member	\$200

Certification Preparation Review Course

SPN Member	\$300
Non-member	\$350

Additional Tickets (Pre-registration required)

University of Minnesota Masonic (Friday, April 22)	\$10
Children's Hospitals and Clinics of Minnesota (Saturday, April 23)	\$10
PNCB Awards Luncheon	\$25

Guest Registration

Guest registration is for non-clinical guests accompanying attendees. Guest registration allows access to the Thursday Opening Session, Thursday evening Welcome Reception and the Exhibit Hall. Guests are not eligible to earn continuing nursing education (CNE).

SPN Member/Non-member	\$150
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Hotel Information

Hilton Minneapolis

1001 Marquette Avenue South
Minneapolis, MN 55403-2440
(612) 376-1000

Conference Room Rate: \$184.00 single/double

A limited number of rooms are reserved at this rate, complimentary Wifi is included when rooms are booked in the conference room block.

Book online or contact the Hilton Minneapolis directly at (612) 376-1000.

Reservations must be made by **Monday, March 21, 2016** or before the group rooms are sold out, so do not delay. Prevailing rates may apply after this date or when the group rooms are sold out, whichever occurs first. *Rooms are subject to availability.*

Cancellation Policy

Your registration fee, less a \$150 administrative fee, is refundable after the conference upon written notice explaining your reason for cancellation. Written cancellation notice must be received on or before **February 12, 2016** via email to registration@pedsnurses.org.

Enjoy Minneapolis

A city of natural beauty, artistic distinction and year-round activity, Minneapolis' unique urban culture is unlike any other in the world. Enjoy a lively arts and music scene and famous shopping amidst a metropolitan haven. Soak in the atmosphere this April at the leading event for pediatric nurses.

- **Mall of America** - one of the most visited tourist destinations in the world- featuring 520 stores, 50 restaurants and attractions galore.
- **Minneapolis Institute of Art** - free admission at the home of over 80,000 works of art representing 5,000 years of world history.
- **Walker Art Center** - internationally recognized as a leading arts venue, Walker Art Center presents contemporary visual arts and design exhibitions; dance, theater, and music performances; and film screenings.
- **Minneapolis Sculpture Garden** - one of the crown jewels of the city's park system uniting two of Minnesota's most cherished resources - its green space and its cultural life.